



# MINT PEPPERMINT

*Mentha Spicata*

12-36" Spacing • 12-36" Height  
Perennial • Full sun • Zone 3-7

- Peppermint grows in wide spreads throughout gardens
- Pointed dark green leaves, with a great aroma of peppermint
- Mint is great for your digestive system
- Best used in mint sauces, fruit salads and punches

