LEMON BALM

Melissa Officinalis

18-24" Spacing • 24-36" Height
Perennial • Full sun • Zone 4-11

- A lemon scented herb is excellent for making teas and ice drinks
- A jelly made from the leaves are superb with fish and poultry
- Rub leaves on wood furniture for a delightful fragrance
- Best used in fish, poultry dishes, potpourris, salads and stuffing

Freeman Herbs
Est 1947